

Short instructions

A) Angle limiters

Exact angle specifications are to be measured on the patient's knee

Default setting

- Upper angle limiter 9 (approx. 90°)
- Lower angle limiter 0 (approx. 0°)



B) Adjustment of calf holder

To adjust the calf holder length, push the lower leg rest in the desired direction



C) Slide positioning

Press both unlock buttons and shift the slides simultaneously

Default setting

- Position the slide centrally



1. Positioning the CAMOped

- Place the CAMOped with the feet folded in underneath the patient's legs.
- Fold the feet of the CAMOped out.

2. Place the injured leg in the calf holder in the maximally tolerable extended position

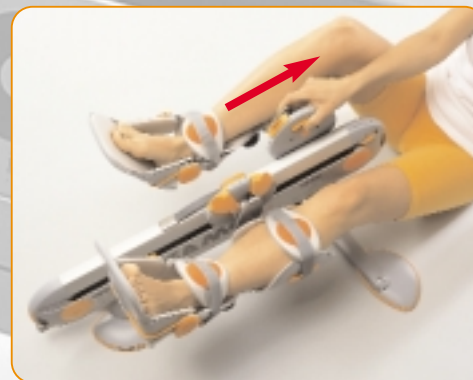
Note: Before applying the device, it is absolutely necessary to make sure that the angle limiters have been correctly adjusted and locked. Otherwise, the injured leg might be overextended.

3. Put the healthy leg into the other calf holder

- The injured leg remains in an extended position, while the healthy leg is bent.
- Close the straps.

4. Start exercise

- Resistance can be adjusted (see section on - Resistance control).



CE Please note that CAMOped is available only by prescription!

Optional: For an optimal adjustment to the length of the user's legs - adjust the calf holder for the healthy leg. The injured leg shall remain in an extended position.